SENNA

There is a little piece of Senna in all of us.
The unbreakable warrior princess from Peru,
From Haiti,
From Africa,
From wherever you are from.

Our stories all connected by words
Spoken from a place of untamable fire blazing determination
To succeed.
Speaking words more masculine than the world’s strongest man,
Because we are the world’s strongest.

Our daily workout consists of bench-pressing six tons of stress off our chests,
A hundred push ups working against the odds on our back weighing us down, and running an unlimited number of miles because we are
Never
Quite
Done

This is the workout of Senna, the fearless warrior princess
This is the workout of every girl I know – and every girl I wish I knew –
This is the workout of every girl rising against trials, tribulations, and stereotypes

This is for every girl who has taken two steps forward, three steps back, then gathered herself and jumped six steps ahead,

This is for every girl rising.

This is for every
Senna.

(Marquesha Babers is a member of Get Lit - Words Ignite)